



ADVENT CALENDAR



NOVEMBER 2019

During this month please try to put one item each day into your own box

1 Tinned Fruit	2 Tea Bags (all sizes)	3 Vegetable Soup	4 Tinned Fish
5 Rice Pudding	6 Coffee	7 Cooking Sauces	8 Biscuits
9 Shampoo	10 Tinned Meat	11 Toothbrushes	12 Tinned Carrots
13 Rice	14 Jam	15 Toilet Paper	16 Soap
17 Instant Mash	18 Noodles	19 Hot Chocolate	20 Shower Gel
21 Tin Tomatoes	22 Pasta Sauce	23 Toothpaste	24 Sponge Puddings
25 Long life Milk	26 Sweets & Chocs	27 Deodrant	28 Cereal
29 Meat Soup	30 Long Life Juice		

Please deliver to the Thurrock Foodbank Warehouse by 1st week in December.

Warehouse - 2 – 4 Chase Road
Corringham, Essex SS17 7QH

Open Monday's & Wednesday's
10am – 3pm

Email – warehouse@thurrock.foodbank.org.uk