



### FEEDING LOCAL PEOPLE IN CRISIS

FEBRUARY 2024

On 25th January we invited our local supporters and referral agencies to join us at Wyldecrest Country Club for breakfast.

We wanted to show our appreciation for their ongoing support and tell them some plans for 2024.

It was great to have such like minded people in one room together, all sharing stories of the support they give to vulnerable people or support they give to Thurrock Foodbank. We could not operate without the kindness of these people and our local supporting businesses.

We look forward to hosting more events like this, inviting more people to come and see how we can support each other.

Thank you to all that attended—it was a great success.







From April 2023—February 2024

6,856

People so far have been fed with emergency food by TFB

3,084

Of which are children

2,995.7KG

Of food has been donated this month so far

2,826.2KG

Of food has been given out



# APPRECIATION POST

This month we were contacted by a small business in Grays called Sugar Me Cupcakes who wanted to offer their help.

They wanted to donate a very beautiful cake to one of our families in need.

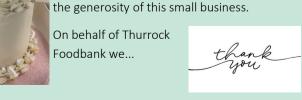
We had a family in mind straight away. It is safe to say our client was very emotional from the generosity of this small business.



this month so far

**Warehouse Opening** 

Hours



Thurrock Foodbank, 2-4 Chase Road, Corringham, Essex, SS17 7QH www.thurrock.foodbank.org.uk katecollier@thurrock.foodbank.org.uk Telephone - 01375 416200. Registered Charity Number - 297569







### KEEP SUPPORTING THURROCK FOODBANK EVERY LITTLE HELPS

Huge thank you to Morrisons for their giving tree money. We was able to get so many essential items we are short of in the warehouse meaning our clients will receive a full food parcel.







Save the planet 🥘, and your pennies 🌘 **Hundreds of items in stock:** Jumpers & cardigans Blazers & ties

- Skirts Trousers Socks

- PE kit incl football socksPlimsollsBlack shoes • Coats

Final ore diressor.
Coars



Rice Pudding

Jelly

Conditioner

Deodorant

Ravioli

Chilli Con Carne Curry





Local Community

coop.co.uk/membership







## THURROCK FOODBANK LENT APPEAL

## **#LENT INTO PLENTY**

#### Week 1 - Tinned Fish

- Tuna
- Pink Salmon
- Red Salmon
- Mackerel

Sardines



#### Week 2 - Desserts

- Sponge Puddings
- Angel Delight
- Rice Pudding
- Jelly



# Week 3 - Drinks

#GIVEUPANDGIVE

- Squash
- Juice
- Tea Bags
- Hot Chocolate
- Coffee



#### Week 4 - Toiletries

- Shampoo
- Conditioner
- Soap
- Deodorant
- Toothpaste



#GIVEUPANDGIVE

#### Week 4 - Tinned Meat

- Hot Dogs
- Spaghetti Bolognese
- Ravioli
- Chilli Con Carne
- Curry



#GIVEUPANDGIVE

#### Week 6 - Treat Week

- Biscuits
- Crisps
- Savoury Snacks
- Chocolates
- Sweets



#GIVEUPANDGIVE

Donations can be dropped off at:

**Thurrock Foodbank** 2-4 Chase Road, Corringham, Essex SS17 7QH Monday, Wednesday & Thursday 9am-3pm

