



**Thurrock foodbank provides emergency food supplies to local people in crisis within the borough. Foodbank fills a real and ongoing need in our local area, but we need food donations, financial gifts and more volunteers to help collect and distribute the food. If you can assist, just email [info@thurrock.foodbank.org.uk](mailto:info@thurrock.foodbank.org.uk)**

*Emergency food for local people in crisis: Thurrock people helping Thurrock people*

## **BIG DEMAND FOR FOODBANK**

Thurrock Foodbank provided 5373 three day emergency food parcels to local people between April 2018 to March 2019. Of this number, 2263 went to children.

The local food bank's figures feed into a larger national picture with a record increase in food bank use across the UK reported today by the Trussell Trust.

Thurrock Foodbank is backing calls from the Trussell Trust to ensure the benefits system is able to protect people from poverty.

The figures from Thurrock Foodbank are a 12% increase on the same period last year. The charity believes the local increase is due to people struggling with issues with Universal Credit such as the five-week wait.

***It has been some time since we have been able to produce a newsletter as we have not had the resources. If you or anyone you know would like to take on the role of looking after our P.R. (including a regular newsletter) please get in touch.***

Many thanks to all who were able to support our Cream Tea and Quiz Night in May. The two events raised over £1,000 towards running the foodbank. There will be another opportunity to help our fundraising at the:-

**CDOT Voices Concert** – Friday 8th November 8pm at Socketts Heath Baptist Church. Tickets priced at £7.50 will be available from Helen at the warehouse in September. It's always an evening of great music so make a note in your diary and come along and support the foodbank. Helen can be contacted at:-

[warehouse@thurrock.foodbank.org.uk](mailto:warehouse@thurrock.foodbank.org.uk)

Our Project Manager, Sarah Cordell will be leaving the Thurrock foodbank in September to take a well deserved rest. She has led the project since January 2015 and will be sadly missed by all those who have worked with her. We wish her well for the future. We are actively recruiting to fill the vacancy and look forward making an announcement as soon as an appointment is made.



## **SHORTAGE FOOD ITEMS**

We pack each food box with a fixed range of items to provide a balanced and nutritious set of meals for up to three days. Currently there is a shortage of specific items needed to make up the food parcels given to local people in food crisis.

Right now we urgently need:

- long-life fruit juice
- long grain rice
- squash
- tinned fruit
- tinned rice pudding
- vegetable soup

So when you go shopping just add these to your list, and then donate them to the foodbank as soon as you can. Thank you.

We update our shortages on a weekly basis and an up-to-date list can be found on our website at:-

<https://thurrock-foodbank.org.uk/give-help/donate-food/>

or via the foodbank app which is available for Android and Apple devices.

## **MORRISON'S STORE COLLECTION 17<sup>TH</sup> AUGUST**

We have a store collection at Morrisons Grays on Saturday 17<sup>th</sup> August from 9am until 5pm. We need volunteers to give out the shopping lists on the day and collect the food as it is donated.. If you can help, even if just for an hour, please email Sarah on [sarahcordell@thurrock.foodbank.org.uk](mailto:sarahcordell@thurrock.foodbank.org.uk)

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